

**Tytuł:** W poszukiwaniu prawidłowej diagnozy – przeziębienie, grypa czy może zakażenie meningokokowe? / In search of the right diagnosis – cold, flu, or maybe meningococcal infection?

**Słowa kluczowe:** BAKTERIEMIA CIĘŻKA SEPSA WSTRZAS SEPTYCZNY WSKAŹNIK  
PROGNOSTYCZNY RESUSCYTACJA PŁYNOWA SEPSA DZIECIĘCA TERAPIA ANTYBIOTYKOWA

**Keywords:** BACTEREMIA SEPTIC SHOCK SEPSIS PROGNOSTIC MARKER FLUID RESUSCITATION  
EVERE SEPSIS ANTIBIOTIC MANAGEMENT

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**Streszczenie:**

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**Abstract:**

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**Treść:**

In primary care physicians' daily practice, acute upper respiratory tract infections are one of the leading causes of medical consultations given to patients.

The most common viral upper respiratory tract infections are common colds, which resolve spontaneously within several days. More troublesome and dangerous for the patients are flu-like diseases, with strongly expressed general symptoms, including high fever, while invasive meningococcal disease, although rare, is a life-threatening condition. Differentiation of etiology is not always easy, considering that the conditions mentioned above may have similar symptoms in the initial phase. In medical practice, it is essential to diagnose early invasive meningococcal infection, which can lead to the patient's death within several hours of the first symptoms. This disease should be suspected, especially in patients in poor general condition, with impaired consciousness, lower limb pain, photophobia, hemorrhagic rash, or neck stiffness. Late diagnosis and treatment may lead to death or other serious complications, both neurological and resulting from disseminated thromboembolic lesions of various organs.